

Press release. A Toti Publication is proud to be publishing:

*ADHD – Drug free “cures” – Bringing out the gift in children without medication –*

*My story*

*by Dawn Matthews*

Probably the most controversial book ever written on ADHD. If your child is struggling at school, if you have been told your kid has ADHD or ADD, if you are unsure about giving your kid dangerous drugs every day then you **must** read this book.

Dawn was teaching and “curing” these kids a long time before the labels ADD and ADHD were invented.

For the first time she reveals her life, her difficulties and her knowledge about how to teach kids who are thought of as unteachable.

*She says.*

*“Please do not give up on your child. Please do not accept negative answers. Please do not keep your kid on drugs unless the drugs are massively improving your child’s learning. Please read this before putting your children on amphetamine drugs.”*

Sample pages

## **“ Foreword**

### **What is going on here?**

I, as a dyslexic teacher of dyslexics, have been driven to write this book out of shame. I returned to Australia after teaching in the UK for thirty-five years and I am ashamed to be a part of this system. A system where kids as little as six, bright, calm, happy kids, are given class A drugs because they do not learn the same way as other kids.

I helped set up my first dyslexic centre in Newcastle UK nearly thirty years ago. I was already changing lives. Nobody in this centre then had heard of ADHD but all the kids and adults I was helping would now be labelled as ADHD with the tests currently used in Australia. I was, therefore, helping “cure” ADHD before I had ever heard of it.

### **Myself**

I have a copy of the assessment criteria and I can tick all the boxes in the ADHD Inattentive checklist and at least half in the ADHD Impulsive checklist about myself. I am not about to put myself on amphetamine drugs. As a very successful adult I intend, instead, to show the world how I “cured” myself, how I overcame this to become, a world-wide selling artist/printmaker, an

author and publisher of more than 25 books and educational materials, a property investor, a director of 2 companies and self-made millionaire.

My story could be anyone's story. Most self-made millionaires, it was discovered in a study carried out in the UK in 2003, performed badly at school. Most had "concentration problems" and many poor attendances. None of them were on amphetamine drugs.

If your kid is struggling in mainstream education and is bright then what you take on board is that s/he is way more likely to do really well after school than the kids who are top of the class. This is a proven fact.

In this book I explain why this is so, tell you what to look for and how to ensure that you get the full potential out of your kid.

While the pro-drug experts are busy putting perfectly normal kids on drugs for life, I am discovering why they are failing at school or socially and sorting their problems.

Many pro drug experts will likely say that I am lacking qualifications (being merely a specialist teacher who has been diagnosed as having this disorder) or just plain wrong - but I have been "curing" kids with ADHD every day.

Basically these kids are special and don't actually need curing. They need to be taught in a slightly different way and to understand how they are different. And they need to know how the outside world is affecting them and how to stop this from happening.

*Before you read this book allow me to give you a few facts to get you thinking.*

### **Fact**

In the Disability Standards for Education 2005<sup>1</sup> it states that, "disability in relation to a person (can be) a disorder or malfunction that results in a person learning differently from a person without this disorder". It also states that,

"A course or program...includes measures ensuring that, the curriculum, teaching materials, and the assessment and certified requirements for the program are appropriate to the needs of the student and accessible to him or her." If a school knowingly has even one child with dyslexia, dyspraxia or true ADHD it has to consult experts to find out how to best teach that pupil. In this document a school or teacher cannot use the excuse that they have not been taught how to teach a child with learning differences.

Teachers, schools and the whole education system are breaking the law every day with the kids I am writing about in this book. And the kids are being blamed, and in WA the parents are being blamed also. I communicate with these people constantly and I have actually heard top educationalists describe children as "unteachable" because their parents did not give them a "text rich" pre school environment"

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<sup>1</sup> published by Australian government Attorney General's Office 2006 and the latest booklet of it type

## Fact

After a ground breaking eight year study to ascertain the true value of Amphetamine drugs on ADHD kids it was found that there were “no differences in behaviour between children receiving medication (since 1999) and those who weren’t.”<sup>2</sup> in other words they found no long term improvement with kids on these drugs. I talk more about this in the first chapter.

ADHD Drug free “Cures” contains advice, assessment sheets, explanations, personal experiences and help for parents and teachers on the following areas,

True ADHD  
Dyslexia  
Developmental Motor Dyspraxia  
Verbal Dyspraxia  
Auditory Processing Disorders  
Irlen Syndrome  
Eye dominance and tracking problems  
Asperger’s Syndrome  
Child abuse  
Toxic poisoning  
Intolerances to food additives  
Nutrition  
And case studies

Dawn has personal experience of 9 of the above problems and has helped thousands of kids overcome all of these.

In this book she explains in detail why these things can be mistaken for ADHD.”

More sample pages.

**“Chapter 1 – Loads of potential,  
have to leave school to find it.**

It has been discovered that “a huge majority of Britain’s estimated 5,000 self-made millionaires performed badly at school”<sup>3</sup> Psychologists who “analysed the mental makeup of business winners” found that those who did very badly throughout their school lives became the achievers, the doers and the super successful<sup>4</sup>. And nearly half of them were known to be dyslexic. People like them appear again and again on the famous ADD lists.

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<sup>2</sup> What Doctors Don’t Tell You vol 20 no 2 may 2009

<sup>3</sup> Mind of a Millionaire BBC2 7<sup>th</sup> October 2003

<sup>4</sup> The Sunday Times 5<sup>th</sup> October 2003 UK Ben Dowell

I always remember this when children, who are struggling at school come to me for assessment. I usually point out to those many, many kids that I have diagnosed with some learning difference, that according to research they are the ones most likely to become rich and famous when they grow up.

Many of them have first seen a paediatrician and been offered Amphetamine drugs. Many are taking Ritalin or Concerta. I have found only three who were benefiting or would benefit from taking these drugs in eight years of working in Australia. Practically no kid is ever offered this drug in Scotland, where I worked for 20 years.

These self-made millionaires cannot have failed at school because of being too dumb or too lacking in concentration, or they would not have gone on to be so successful. Their way of doing things must be different to the way school expected them to do things. They must have thought, learnt and perceived the world differently from the rest of their classmates. They have a learning difference. School was wrong for them but the business world was right for them.

To do well at school they, therefore, needed to be taught differently. Instead of giving them text to read and answers to write, give them, as was done with Sir Richard Branson, a business to run! This is the same with all the kids I assess. They are not failing at school because they are dumb, or not concentrating or not on Ritalin. They are failing at school because the school expects them to be the same as every other kid and they are not.

Sir Richard Branson, a name occurring on most lists of ADD and dyslexics, says, "I knew I wasn't going to pass my exams so I did other things." He took over the school magazine and turned it into a national publication. The question I wish to ask here is, should he instead, have been put on Ritalin?

But why try to change them? If our education system cannot cope with or teach those who become super successful then, surely we should change our system of education! Education should be for every one not just those who learn and think in one sort of way.

### ***Famous people and ADD***

Anyone who has tried trawling about on line for famous people with ADD or Attention Deficit Disorder, as I have done, must have noticed that almost everyone who has moved the world forward in any way - is on these lists. Here are some of them that appear again and again."

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